
OUR TEAM

BryLin's Outpatient Child & Adolescent Mental Health Program is staffed by a multidisciplinary team of psychiatrists, licensed mental health therapists, and licensed clinical social workers.

INSURANCE

Various insurances are accepted, including Medicaid, Medicare, and most major insurances. We can check your outpatient mental health benefits for you.

REFERRALS

For more information or to make a referral, please call BryLin's Outpatient Child & Adolescent Mental Health Program at (716) 632-5450.

Location:

BryLin Outpatient Child & Adolescent Mental Health Program

531 Farber Lakes Dr.
Suite 102
Williamsville, NY 14221
Phone: (716) 632-5450
Fax: (716) 634-1098



BRYLIN
BEHAVIORAL HEALTH SYSTEM

BryLin Hospital

1263 Delaware Ave.
Buffalo, NY 14209
(716) 886-8200

Inpatient psychiatric hospital for children, adolescents, and adults.

BryLin Outpatient Mental Health Clinic

531 Farber Lakes Dr.
Williamsville, NY 14221
(716) 632-5450

Specialized programming for children, adolescents, and adults.

BryLin Outpatient Substance Use Disorder Treatment

531 Farber Lakes Dr.
Williamsville, NY 14221
(716) 633-1927

Specialized programming for adolescents and adults.



www.brylin.com



**BryLin Outpatient
Child & Adolescent
Mental Health Program**

OUR MISSION

At BryLin, we recognize the challenges children and adolescents with mental health conditions face.

Our Outpatient Child and Adolescent Mental Health Program is focused on helping young people and their families cope with mental illness.



BryLin's Outpatient Child & Adolescent Mental Health Program is an OMH Certified Mental Health Clinic that offers individual, group, and family counseling for children ages 5-17 that may be having difficulty with feelings of depression, anxiety, behavioral problems, or a wide variety of other mental health concerns.

OUR PROGRAM

Our group and individual therapy options help young people and their families cope with psychiatric illness and the challenges that often presents. Parents/Guardians will play a strong role in the therapy offered at the clinic and are encouraged to be active participants alongside their child when appropriate.

We offer medication management when necessary through our psychiatric services.

We utilize evidence-based practices in our counseling to ensure each child and family receives the best care possible.

EVIDENCE-BASED PRACTICES

Some of the therapy modalities we use include, but are not limited to:

- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
- Dialectical Behavioral Therapy (DBT)
- Play Therapy
- Cognitive Behavioral Therapy (CBT)
- Family Systems Therapy
- and aspects from Multisystemic Therapy (MST).

